

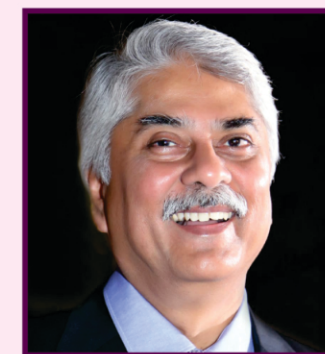
Indian Red Cross Society

TAMIL NADU BRANCH

NEWSLETTER



Thiru. R. N. RAVI
**Hon'ble Governor of Tamil Nadu &
President of IRCS TNB**



Dr. Justice M. Jaichandren
Former Judge, High Court Of Madras
Senior Advocate, Supreme Court of India
Chairman, Ad- hoc Committee, IRCS - TNB
Member, National Managing Body, IRCS, New Delhi

MEMBERS

Thiru. Thomas V John
Thiru. P. Athmanathan
Thiru. Karthik Thirunarayanan
Thiru. K.S. Sankara Prasath
Thiru. S. R. Krishnan
Thiru. E. Om Prakash

STATE HEADQUARTERS

No: 32/50, Red Cross Buildings, Red Cross Road,
Egmore, Chennai - 600 008, Tamilnadu
Office Ph.No: 044 - 2855 4548 /
E. mail ID: officeadmin@ircstnb.org /
Website : www.ircstnb.org



International Federation of Red
Cross and Red Crescent Societies
Regional Delegation of South Asia
No.1, Red Cross Road,
New Delhi - 110 001
Ph: 011 - 2332 4203 / 4206
www.ifrc.org



ICRC

International Committee of the
Red Cross
Regional Delegation
C-6/6, Safdarjung Development Area,
Opp. IIT New Delhi Gate, New Delhi - 110016.
Tel : +91 11 42211000, Fax : +91 11 42211069
Email : newdelhi@icrc.org | www.icrc.org



Indian Red Cross Society
National Head Quarters
No.1, Red Cross Road,
New Delhi - 110 001
Ph: 011 - 2375 3051
www.indianredcross.org

INDIAN RED CROSS SOCIETY

TAMIL NADU BRANCH

NEWSLETTER - December 2023 & January 2024

CHAIRMAN'S MESSAGE

The International Federation of Red Cross and Red Crescent Societies is the world's largest volunteer-based humanitarian network, reaching over 160 million people each year through National Societies with over 191 members.

The Indian Red Cross Society, established under the Indian Red Cross Society Act of 1920, is an extensive network of more than 1100 branches across the nation. It plays a pivotal role in delivering relief during times of disasters and emergencies. Additionally, it is committed to advancing the health and well-being of vulnerable individuals and communities.

The mission of the Indian Red Cross Society is to inspire, encourage, and implement various humanitarian initiatives, ensuring that human suffering is mitigated and, when possible, prevented altogether. By doing so, the organization contributes to the creation of a more conducive environment for peace and prosperity based on the seven fundamental principles of the Red Cross: humanity, impartiality, neutrality, independence, voluntary service, unity, and universality.

These seven fundamental principles sum up the movement's ethics and are at the core of its approach to helping people in need across the globe.

Let us work together to make the motto of the Indian Red Cross Society, "Through Humanity to Peace," a reality.

Dr. JUSTICE M. JAICHANDREN

Former Judge, High Court of Madras
Senior Advocate, Supreme Court of India
Chairman, Ad- hoc Committee, IRCS - TNB
Member, National Managing Body, IRCS, New Delhi



INDIAN RED CROSS SOCIETY

TAMIL NADU BRANCH

**The Following are the activities
conducted by IRCS TN and the branches.**

- 1. Day Care Hospital**
- 2. Blood Centre**
- 3. Urban Family Welfare Unit**
- 4. Nurse Aid course - Vocational Advanced Diploma in General Duty Assistant
(2 Years course)**
- 5. Physiotherapy Section**
- 6. First Aid Training**
- 7. Disaster Management**
- 8. Family Counselling Centre**
- 9. State Emergency Operation Centre (SEOC)**
- 10. Youth Red Cross**
- 11. Junior Red Cross**
- 12. Fund Raising**



●●● DAY CARE HOSPITAL ●●●

The day care hospital operates from Monday to Saturday. General and specialist doctors attend the day care hospital on a weekly basis.

December 2023:

SI No	Particulars	No. of patients	Free patients	Master health Check up	ECG	Injection	Digital X-ray	Clinical lab for various Investigations	Scan
1	General Physician	1373	56	2	70	324	70	191	9
2	ENT	2							
3	Gynaecology	3							
4	Dermatologist	57							
5	Dentistry	8							
6	Diabetic	7							
7	Eye	24							
8	Ortho	32							
9	Out patients	170							
	Total	1676							

January 2024:

SI No	Particulars	No. of patients	Free patients	Master health Check up	ECG	Injection	Digital X-ray	Clinical lab for various Investigations
1	General Physician	1202	43	5	19	266	66	240
2	ENT	0						
3	Gynaecology	4						
4	Dermatologist	35						
5	Dentistry	3						
6	Diabetic	12						
7	Eye	24						
8	Ortho	59						
9	Scan	7						
10	Out patients	216						
	Total	1562						



FREE MEDICAL CAMP:-

IRCS-TNB Day Care Hospital organized a Free Medical Camp for the Raj Bhavan employees on 08.01.2024 at Bharathiyar Mandapam, Raj Bhavan, Guindy, Chennai. The Honorable Governor of Tamil Nadu, Thiru. R.N. Ravi, President of the Indian Red Cross Society, Tamil Nadu Branch, was the Chief Guest of this camp. Dr. Justice M. Jaichandren, Former Judge of the High Court of Madras and Chairman of the Ad-hoc Committee of IRCS TNB, welcomed and honored the Chief Guest, the Honorable Governor of Tamil Nadu, for this camp.

During the visit, the Honorable Governor of Tamil Nadu personally checked his blood pressure. Dr. G. Gomathi, Medical Officer, explained the camp's consultation and investigation to the Honorable Governor of Tamil Nadu. Additionally, the Honorable Governor appreciated all the IRCS officials and staff members. Finally, all the IRCS TNB staff and other camp members took a group photo with the Honorable Governor of Tamil Nadu.

The Free Medical Camp provided vital check-ups, sugar tests, hemoglobin tests, cholesterol tests, blood grouping, height, weight & BMI measurements, general check-ups, skin examinations, dental check-ups, ECGs, sonomammogram scans, USG abdomen tests, eye examinations, and awareness sessions for Dengue & Kidney. A total of 155 patients benefited from the camp.



BLOOD DONATION CAMP:-

Blood donation camps were conducted in two colleges and at the IRCS – TNB premises in January 2024. A total of 67 units of blood were collected, and components were prepared. The Component Separation units were issued to needy patients.

SI No	Camp Date	Place of the Camp	No. of Units Collected	Blood Components Separated			No. of Blood Components units issues			Free of Cost blood units
				PRBC	FFP	Platelet	PRBC	FFP	Platelet	
1	23.01.2024	Anna University, Guindy, Chennai	39	39	39	15	51	5	7	4
2	30.01.2024	Vellore International School (VIS), Kayar, Kelambakkam, Chennai-110	26	26	25	07				
3	30.01.2024	Indian Red Cross Society, Tamilnadu Branch, Egmore, Chennai-8	1	1	1	0				
4	31.01.2024	Indian Red Cross Society, Tamilnadu Branch, Egmore, Chennai-8	1	1	1	1				
Total			67	67	66	22	51	5	7	4



Thiru. R.N. Ravi, the Honorable Governor of Tamil Nadu and President of the Indian Red Cross Society, inaugurated the Blood Donation Camp at Anna University, Guindy, Chennai on 23.01.2024. Dr. Thanaigaarasu, YRC Zonal Coordinator of Anna University, and the Blood Centre of the Indian Red Cross Society, Tamil Nadu Branch, conducted the Blood Donation Camp, during which 39 units of blood were collected.

PHYSIOTHERAPY

In the IRCS-TNB Physiotherapy and Rehabilitation Centre, we offer a wide range of effective treatments for various kinds of patients, from pediatric to geriatric, using advanced treatment modalities and techniques with the help of highly qualified professionals and doctors.

Particulars	December'2023`	January 2024
Ortho	522	472
Neuro	71	102
Pediatrics	32	37
Fitness	11	13
Total	634	624



From December 2023 to January 2024, a total of 1,258 patients have been effectively treated, and a total amount of Rs. 1,46,750/- has been collected. During this period, approximately 80 students from various Physiotherapy Colleges underwent Clinical Internship and Training Programmes in our physiotherapy and rehabilitation centre.

OTHER ACTIVITIES

REPUBLIC DAY:-

Dr. Justice M. Jaichandren, Former Judge of the High Court of Madras and Chairman of the Ad-hoc Committee of IRCS-TNB, hoisted the flag. Thiru. P. Athmanathan, Member of the Ad-hoc Committee of IRCS-TNB, briefed about the importance of Republic Day on 26.01.2024 at the Indian Red Cross Society, Tamil Nadu Branch, Egmore, Chennai-8-TNB Premises. Thiru. K. Vedavyas, Finance & Administrative Officer of the Indian Red Cross Society, Tamil Nadu Branch, Egmore, Chennai-8, along with staff and nurse-aide students, participated in the event.



RELIEF:

AN OVERVIEW OF MICHAUNG CYCLONE RELIEF WORK UNDERTAKEN BY THE RED CROSS MOVEMENT IN DISTRICT BRANCHES OF TAMIL NADU

The Relief materials Despatched / issued to Chennai, Chengalpattu, Thiruvallur, Thoothukudi, Tirunelveli, Aminjikarai Sub-District Branch, Mylapore Sub-Branch, S Samson Daniel Vasantham Foundation, S. Brinda Devi, Pallikarani, Tahsildar – Tondiarpet, Government Boys Hostel, Tahsildar, Egmore, Osankulam, Chetpet, Tamilnadu Dr. Ambedkar Development Education Trust, Puliyanthope – Imayavarman and Vysarpadi – Syed Abu Backer – Fishermen community were benefitted.



CHENGALPATTU DISTRICT:-

The District Collector and District President of IRCS Chengalpattu District received Relief Materials from the Indian Red Cross Society, Tamil Nadu Branch, and distributed them to the flood-affected people in coordination with the District Administration on 9th, 10th, and 11th December 2023 at Medavakkam, Padur, and Kelambakkam areas.

The Relief materials were dispatched/issued to Chennai, Chengalpattu, Thiruvallur, Thoothukudi, Tirunelveli, Aminjikarai Sub-District Branch, Mylapore Sub-Branch, S. Samson Daniel Vasantham Foundation, S. Brinda Devi, Pallikarani, Tahsildar – Tondiarpet, Government Boys Hostel, Tahsildar – Egmore, Osankulam, Chetpet, Tamil Nadu Dr. Ambedkar Development Education Trust, Puliyanthope – Imayavarman, and Vysarpadi – Syed Abu Backer. The Fishermen community were among the beneficiaries.



CUDDALORE DISTRICT:-

The Indian Red Cross Society, Cuddalore District Branch, contributed Michaung Cyclone Relief Materials, such as 1000 bed sheets worth about Rs. 20,000/-, to the District Collector of the Indian Red Cross Society, Kanyakumari District Branch, dated: 18.12.2023.



DINDIGUL DISTRICT:-

Report on Cyclone Relief Work in Tirunelveli and Kanyakumari Districts by the Indian Red Cross Society, Tamil Nadu Branch, Egmore, Chennai-8, Dindigul District Branch:

Due to unprecedented rain in Tirunelveli and Kanyakumari Districts on 02.02.2023, the Indian Red Cross Society, Tamil Nadu Branch, Egmore, Chennai-8, Dindigul District Branch collected and dispatched relief materials from donors and distributed them to 400 families.

Sl. No	Item	Quantity	Sl. No	Item	Quantity
1.	Mat	400	13.	Noodles (200 gram)	400
2.	Bed sheet	400	14.	Cooking oil (1/2 ltr)	400
3.	Saree	400	15.	Bath Soap	800 Nos
4.	Lungi	400	16.	Detergent Soap	800 Nos
5.	Towel	400	17.	Napkin	600 Nos
6.	Rice (5 kg each)	400	18.	Mask	900 Nos
7.	Ural dal (1/2 kg each)	400	19.	Sanitizer	400 Nos
8.	Thoordal (1/2 kg each)	400	20.	Biscuit	400 Nos
9.	Bengal gram dal (1/4 kg each)	400	21.	Milk Powder	400 Nos
10.	Spicy items	400	22.	Thailam	400 Nos
11.	Tamarind (1/4 kg each)	400	23.	Salt	400 Nos
12.	Wheat (1/2 kg each)	400	24.	Atta	400 Packets



The relief materials were flagged off by the District Collector, Tmt. Ponkodi, IAS, Dindigul District, in the presence of Thiru. N. M. Kaja Mydin, Vice-Chairman, Thiru. Shak Dawood, Treasurer, Tmt. Susila Mary, Chief Education Officer, and Thiru. Nasruddin, EC Member. Thiru. Rasaiga and Thiru. Jayaselan also participated in the event.



Team of Volunteers:-

1. Mr. M.A. Syed Abudhakhir, Secretary, IRCS
2. Mr. G. Rameshkumar, EC, IRCS
3. Mr. N. Raja, EC, IRCS
4. Mr. S. Ravichandran, EC, IRCS
5. Mr. S. James Vallunathan, EC, IRCS
6. Mr. A. Ramamurthy, JRC Counsellor,
7. Mr. M. Raja Nesakumar, EC, JRC
8. Mr. S. John Boses, EC, JRC
9. Mr. G. Balamurugan, JRC Counsellor

TANJAVUR DISTRICT:-

Indian Red Cross Society, Thanjavur District Branch, deployed a team of 15 trained volunteers to Tirunelveli District on 19th December 2023 for rescue operations in the flood-affected Southern Districts. On the same night, the team met with District Officials and identified the areas most affected by the floods in Tirunelveli City. They extended necessary assistance to the families affected by the floods, in collaboration with the Indian Red Cross Society, Tirunelveli District Branch.

On the following day, 20th December 2023, the team rushed to Srivaikuntam taluk, Thoothukudi District, based on a request from the PA (PD), Thoothukudi District. The team divided into two groups upon reaching Sivakalai Village. One group, with the help of a fisherman's boat, rescued around 250 people from Avarangadu, Keela Mangala Kurichi, Mela Mangala Kurichi, and Athan Palam Villages, and moved them to Sivakalai Government Shelter. The other group, with the assistance of an NDRF boat, rescued 200 people from Sivakalai, Kottaikadu, and Undiyalur Villages, moving them to Perungulam Government Shelter. The rescued individuals included senior citizens, the diseased, disabled individuals, pregnant women, and infants.

On 21st December 2023, the team, along with the RDO, distributed food items to the people in Rajapathi village in Srivaikuntam taluk. They then proceeded to Eral, the most affected village, where a broken bridge had completely severed communication with the District Administration. Team members crossed the bridge using temporary ladders and provided essential food items to the Tahsildar assigned to the area. On their return, the team cleared blocked drain pipes at Kurungani, allowing water to reach the other bank.

Subsequently, the team rescued vehicles and people stranded in water from South Thiruparai to Kemedapath, coordinated with the former Thanjavur District Collector, Mr. Dinesh Ponraj Oliver IAS, who was stationed at Thoothukudi.



On 22nd December 2023, the team camped at the Srivaikuntam taluk office and participated in packing essential kits. These kits were then distributed to the areas of Azhwar Thirunagari, Arunthathiyar Colony, Kaniyan Colony, and Azhwar Thoppu Colony under the guidance of Mr. T. Thiyagarajan, District Revenue Officer of Thanjavur, who was stationed at Thoothukudi.

On the last day, 23rd December 2023, the team received relief materials from Thanjavur District and distributed dry ration kits to the people of Navalakshmipuram and surrounding areas throughout the day, again under the guidance of Mr. T. Thiyagarajan.

The team returned to Thanjavur on 24th December 2023 after five days of rescue and relief activities. Mr. Deepak Jacob, IAS, District Collector of Thanjavur, met with the volunteers on 26th December 2023 to express his appreciation for their valuable services rendered in the flood-affected areas.

Sl. No	Field Position	Name	Age	Designation	Contact
1.	Team Leader	J. Benjamin	51	DM/FA Trainer IRCS, TNB	9894438966
2.	Team Convenor	M. Aswanth	27	Criminologist	98948 81203
3.	Field Operator	S. Prakash	27	Marine Engineering Technician	9514157691
4.	Vehicle Operator	R. Elangovan	39	Red Cross Ambulance Driver	9442283277
5.	Volunteers	S. Dinesh Kumar	23	Driver	6374052539
6.		A. Harikrishnan	29	Home Gaurd	9080532161
7.		V. Maheswaran	23	Electrician	8098313601
8.		J. Santhosh	19	BBA Student (Serfoji College)	7094978821
9.		R. Sathiyasivam	20	Bsc Student (Pushpam College)	7094749753
10.		S. SamsanJayaraj	22	MA Defence Student (Annai College)	93607 22670
11.		M. Vigneshwaran	20	BA Defence Student (Annai College)	7604858044
12.		E. SarathiKannan	20	BA Defence Student (Annai College)	9345795049
13.		R. Naveen Sundar	19	BA Defence Student (Annai College)	6382984074
14.		D. Sakthvel	20	BA Defence Student (Annai College)	9080297184
15.	Overall Coordinator	Er. S. Muthukumar	51	Hon. Vice Chairman, IRCS, Thanjavur	9842455765



TIRUCHIRAPALLI DISTRICT:-

In light of the Michaung Cyclone affecting Kanyakumari, Tirunelveli, and Tuticorin, under the guidance of the District Collector and President of IRCS, Trichy District Branch, the Red Cross and Indra Ganesan Education Institution jointly organized and collected relief materials. These materials were handed over to the District Collector by Thiru. G. Rajasekaran, Chairman of IRCS, Trichy District Branch.

The details are mentioned below:-

Sl. No	Date	Cost / worth of Relief Materials Rs.
1.	07.12.2023	Rs.3,77,574/-
2.	05.12.2023	Rs.7,54,674/-
3.	11.12.2023	Rs.5,23,574/-
4.	21.12.2023	Rs.6,37,568/-
5.	23.12.2023	Rs.4,79,865/-
6.	28.12.2023	Rs.2,36,965/- (YRC wing of Bharathisan University, Dr. K. Vetrivel, YRC Zonal Co-ordinator for have contributed for Rs.2,36,965/- towards cyclone relief work).
Total		Rs.30,10,220/-

The total cost of the relief materials was Rs. 30,10,220/- (Rupees Thirty lakhs ten thousand two hundred and twenty only).



THIRUVANNAMALAI DISTRICT:-

Dr. P. Indirarajan, Chairman of IRCS, Thiruvannamalai District Branch, sponsored Rs. 35,000/- to the following districts.

Name of the District	December'2023`
Kanyakumari District	Rs.10,000/-
Tirunelveli District	Rs.15,000/-
Thoothukudi District	Rs.10,000/-
Total	Rs.35,000/-



PONGAL FESTIVAL CELEBRATION :

IRCS-TNB celebrated the Pongal Festival at the Day Care Hospital premises on 12.01.2024 at 12:30 in the afternoon. Dr. Justice M Jaichandren, Chairman of the Ad-hoc Committee of IRCS-TNB, inaugurated the Pongal Festival Celebration. Various competitions such as Rangoli Competitions, Lemon & Spoon, Water Filling, Musical Chairs, Tambala Game, etc., were conducted. The staff members, nurse-aides, and physiotherapy students eagerly participated in the festivities.



YOUTH RED CROSS

YRC ORIENTATION PROGRAMME FOR YRC PROGRAMME OFFICERS:-

The YRC Unit of Anna University, Chennai, conducted a One-Day Orientation Training Programme for YRC Programme Officers on 23.12.2023 at MIT Campus, Anna University, Chrompet, Chengalpattu District. Prof. Dr. Thanigaarasu, YRC Zonal Coordinator at Anna University, delivered the Welcome Address. Dr. Justice M. Jaichandren, Chairman of the Ad-hoc Committee of IRCS-TNB, inaugurated the Programme. Prof. Dr. J. Prakash, Registrar in charge of Anna University & Dean of MIT Campus, presided over the function. Thiru. Karthik Thirunarayanan, Member of the Ad-hoc Committee of IRCS-TNB, delivered the Felicitation Address.

YRC Orientation & First Aid Orientation programme sessions were conducted by Thiru. R. Mohanavenkatesan, Vice-Chairman of RICS in Chengalpattu District, and Pulavar R. Manickam, Secretary of IRCS in Chengalpattu District. Stress & Lifestyle Management sessions were conducted by Dr. S. T Venkatesan, Director in charge of IINMS in Chengalpattu. Prof. Dr. Pandiarajan, Dr. Gayathiri, and the YRC Volunteer Team conducted a valuable exhibition on the medicinal aspects of food. Prof. Dr. Arumugam, Vice-Chancellor of TN Dr. MGR Medical University, provided motivational insights into blood donation. Dr. Anandkumar, YRC Programme Officer at MIT Campus, proposed the Vote of Thanks. YRC Programme Officers actively participated in this programme.





● ● ● **YRC Students from Shiv Nadar college participated in a one day workshop conducted by IRCS TNB** ● ● ●



FIRST AID AND DISASTER MANAGEMENT TRAINING PROGRAMME

From 11.12.2023 to 13.12.2023 and from 14.12.2023 to 16.12.2023, two batches of First Aid training programs were conducted for Victus Dyeings Garment Division Unit-1, 2 & 3 in Palampatti, Udumalpet, Tirupur District. A total of 60 members were trained, with 30 members in each batch. The training duration was from 10:00 a.m. to 5:00 p.m. On the first day, Mr. Tamilarasu, HR Manager, inaugurated the program. On the third day, Dr. Megala, MS, DGO, examined the participants.

On 20.01.2024, a First Aid awareness training program was conducted for BSc Nursing students of Dr. Jeyasekaran College of Nursing, Nagercoil. The program was inaugurated by Dr. Priya, Principal. A total of 100 students participated and were trained from 10:00 a.m. to 5:00 p.m.

Training topics covered,

Topics	In Detailed
A) Pre Questionare and Examination, B) What is First Aid, Importance of First Aid, Qualities of First Aider, Aims of First Aid, Do's and Don't's in First Aid.	
Structure of Body, Human Anatomy, 12 Systems of Body	(Respiratory, Circulatory, Nervous System, Muscular, Digestive, Excretory System etc.)
First Aid for Un Conscious and CPR	Checking Pulse, DRABC, ECC, CPR Method etc.
A) Wounds and Bleeding B) Bandages to arrest Bleeding.	External Bleeding, Nose & Ear Bleedings Bandages for Bleeding etc. Internal Bleeding.
First Aid for Burns, Electric Shock, Chemical Splash, Fire	3 Stages of Burns, Do's and Don't's during Shocks, First Aid for Fire and Fire Extinguisher and how to use it
A) First Aid for Fracture, Sprain, Drowning, B) Bandages for Fracture, Victim Transportation Methods.	Types of Fracture, Bandages for Fracture, Sprain Strain, Victim Transportation
A) Poision, Heatstroke, Chocking . B) First Aid Forms Collection	First Aid for Snake Bite, Inhaling Poison, etc. Collect the Filled Forms and related works
First Aid for Heart Attack, Epilepsy. B) Post Examination, c) Recaping all First Aid Topics. Viva by Doctor	Explain about Heart, Arteries, brain and its functions.



20.12.2023 (Relief materials Distribution)

Due to heavy rain in Kanyakumari District, many houses were damaged and water stagnated most of the low lying areas and lot of people suffered without food and accommodation.

On 20.12.2023, due to heavy rain in Kanyakumari District, many houses were damaged, and water stagnated in most of the low-lying areas, leaving numerous people without food and accommodation. Indian Red Cross Society, Dindigul District Branch, responded by sending a team to IRCS Kanyakumari District and Mahadanapuram near Kanyakumari. The team provided 150 sets of relief materials to flood-affected victims.

The Chairman of the branch guided the team and provided support during the relief activities.

Myself guide the team and support during relief activities



26.12.2023 to 28.12.2023 (First Aid Training)

From 26.12.2023 to 28.12.2023, a first aid training program was conducted for Ayana Solar Power Company Pvt Ltd, located at Kayathar, Tuticorin District. The program was organized by the Indian Red Cross Society (IRCS) Tuticorin District Branch. A total of 25 members participated in the practical and theoretical training program, which took place from 10:00 a.m. to 5:00 p.m. daily.

On the third day, Dr. Vaseekaran, MBBS, and Chairman of IRCS Tuticorin District Branch, along with Dr. Govindhasamy, Joint Secretary of IRCS Tuticorin District Branch, visited the session. They examined the participants and conducted a viva session.



**Spoken English classes for Nurse Aid students
being conducted by
Finance & Administrative Officer of IRCS TNB**



**Polio camp by our Nurse Aid Students
conducted by Chennai Corporation**

