

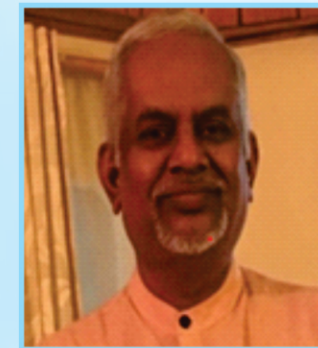
# Indian Red Cross Society

## NEWSLETTER

TAMIL NADU BRANCH



**Thiru. R. N. RAVI**  
Hon'ble Governor of Tamil Nadu &  
President of IRCS TNB



**Thiru. Shankar Naganathan**  
Vice - President  
IRCS - TNB



**Dr. Justice M. Jaichandren**  
Former Judge, High Court Of Madras  
Senior Advocate, Supreme Court of India  
Chairman, Ad- hoc Committee, IRCS - TNB  
Member, National Managing Body, IRCS, New Delhi

### MEMBERS

Thiru. Thomas V John | Thiru. P. Athmanathan | Thiru. Jayesh A Shah | Thiru. Karthik Thirunarayanan  
Thiru. K.S. Sankara Prasath | Selvi. CT.M. Suguna | Thiru. S. R. Krishnan | Thiru. E. Om Prakash

### STATE HEADQUARTERS

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Regional Delegation of South Asia  
No.1, Red Cross Road,  
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# INDIAN RED CROSS SOCIETY

## TAMIL NADU BRANCH

### NEWSLETTER ER 2023

#### CHAIRMAN'S MESSAGE

The International Federation of Red Cross and Red Crescent Societies is the world's largest volunteer-based humanitarian network, reaching over 160 million people each year through National Societies, with over 191 members. The Indian Red Cross Society, established under the Indian Red Cross Society Act of 1920, is an extensive network of more than 1100 branches across the nation, playing a pivotal role in delivering relief during times of disasters and emergencies. Additionally, it is committed to advancing the health and well-being of vulnerable individuals and communities.

The mission of the Indian Red Cross Society is to inspire, encourage, and implement various humanitarian initiatives, ensuring that human suffering is mitigated and, when possible, prevented altogether. By doing so, the organization contributes to the creation of a more conducive environment for peace and prosperity based on the seven fundamental principles of the Red Cross: humanity, impartiality, neutrality, independence, voluntary service, unity, and universality.

These seven fundamental principles sum up the movement's ethics and are at the core of its approach in helping people in need across the globe. Let us work together to make the motto of the Indian Red Cross Society, 'Through Humanity to Peace,' a reality."

**Dr. JUSTICE M. JAICHANDREN**  
Former Judge, High Court of Madras  
Senior Advocate, Supreme Court of India  
Chairman, Ad- hoc Committee, IRCS - TNB





## DAY CARE HOSPITAL

The Day care hospital is functioning since 1997. The following General & Specialist doctors attend the Day Care Hospital on a weekly basis.

Name of the Doctor	Specialist	Day & Timings
Dr. Prithivraj	ENT	Monday - 9.30 to 10.30 a.m.
MNM Hospital	Ophthalmologist	1st & 3rd week of Monday - 9.00 a.m. to 12.30 p.m.
Dr. Sarathamani	Gynaecologist	Tuesday - 11.30 a.m. to 12.30 noon
Dr. Selvakumar	Diabetic	Tuesday - 1.30 p.m. to 2.30 p.m.
Dr. Deepakkumar	Orthopaedics	Wednesday - 9.00 a.m. to 10.00 a.m.
Dr. Bhavani	Dentist	Wednesday & Friday - 10.00 a.m. to 12.00 noon
Dr. Ramesh	Dermatologist	Thursday - 3.00 p.m. to 4.30 p.m.
Rajan Eye Hospital	Ophthalmologistst	2nd week of Wednesday - 9.00 a.m. to 12.30 noon
Dr. Saravanan	Gastroenterology	2nd & 4th week of Thursday - 3.00 p.m. to 4.00 p.m.
Dr. Ravichandran	Sonologist	Friday - 2.00 p.m. to 4.00 p.m.
Dr.G.Gomathi	General	8.00 a.m. to 4.00 p.m.
Dr.P. Yogeshwaran	General	9.00 a.m to 5.00 p.m.

### INTERNATIONAL WOMEN'S DAY 2023:-

On the eve of International Women's Day 2023, the Free Medical Camp was organized & conducted in our Day Care Hospital at IRCS TNB premises on 08.03.2023. **360 Patients** benefited from this Camp. During the Medical Camp M/s. Rajan Eye Care Hospital and M/s. Mohan organ foundation also participated.



### WORLD RED CROSS DAY:-

On the eve of World Red Cross Day 2023, the Free Medical Camp was organized & conducted on 06.05.2023 at M/s. Anbin Pathai Trust, Santhome and 07.05.2023 at Mangal Eri Park, Mogapair. **305 Patients** benefited from this Camps.



On the eve of World Red Cross Day 2023, the Free Medical Camp was organized & conducted on 13.05.2023 at M/s. Madras School of Social Work Community Hall, Kilkondaiyar Village, Karlapakkam Post, Tiruvallur District. **171 Patients** benefited from this Camp.



## INDEPENDENCE DAY

Dr. Justice . M. Jaichandren, Former of Judge, High Court of Madras & Chairman, Ad-hoc Committee of IRCS – TNB, flag hoisted and briefed about the importance of Independence Day on 15.08.2023 at IRCS – TNB premises. Thiru. K. Vedavyas, Finance & Administrative Officer delivered the welcome address and Tmt. Haripriya, Physiotherapist proposed Vote of Thanks. Staff and Nurse-aide students participated.



On the eve of Independence Day 2023, the Free Medical Camp was organized & conducted on 15.08.2023 at M/s. Chennapuri Annadana Samajam, Park Town, Chennai. 264 Patients benefited from this Camp.



## MEDICAL CAMP:-

Free Medical Camp was organized & conducted on 02.09.2023 at M/s. Madras School of Social Work, Kilkondaiyur Village, Karlapakkam Post, Tiruvallur District. **154 Patients** benefited from this Camp.

Free Medical Camp was organized & conducted on 03.09.2023 at M/s. Sagaya Annai Church, Mannurpet, Chennai. **97 Patients** benefited from this Camp.







## BLOOD DONATION CAMP:-

Blood Donation Camps conducted in 27 Colleges, 46 Corporate Sectors / public place and IRCS – TNB premises from January to September 2023, 5032 units of blood was collected and prepared. Component Separation was done and issued to the needy patients.



S.No	Name of the month	No. of Camp	Total No. of Blood units Collected	No. of Blood Components Separated						No. of Blood Components units issued						Free of cost FFP
				W H B	PRBC	Plat-elet	FFP	S D P	Total	W H B	PRBC	Plat-elet	FFP	S D P	Total	
1.	January-23	7	519	3	516	92	516	0	1127	2	320	58	207	0	587	41
2.	February-23	7	572 SDP -2	4	568	102	566	2	1242	2	483	64	633	2	1184	37
3.	March -23	9	967 SDP -2	5	962	121	959	2	2049	7	781	85	714	2	1589	379
4.	April-23	7	263	0	263	65	262	0	590	0	607	55	76	0	738	173
5.	May-23	5	411	0	411	54	407	0	872	0	474	58	119	0	651	75
6.	June-23	13	769 SDP -1	0	769	63	767	1	1600	1	219	38	945	1	1204	53
7.	July-23	6	203	0	203	78	202	0	483	0	680	75	722	0	1477	394
8.	August-23	11	598 SDP -2	0	598	134	592	2	1326	0	355	71	707	2	1135	54
9.	September-23	8	723	0	723	133	719	0	1575	0	523	112	715	0	1350	162
	<b>TOTAL</b>	<b>73</b>	<b>5032</b>	<b>12</b>	<b>5013</b>	<b>842</b>	<b>4990</b>	<b>7</b>	<b>10864</b>	<b>12</b>	<b>4442</b>	<b>616</b>	<b>4838</b>	<b>7</b>	<b>9915</b>	<b>1368</b>



## FIRST AID AND DISASTER MANAGEMENT TRAINING PROGRAMME

First Aid Training Program was organized by IRCS Tirupur District Branch for Staff Members of Poppies Knit Wear Pvt Ltd Unit VI in Tirupur from 05.01.2023 to 07.01.2023 & 09.01.2023 to 11.01.2023. Per batch, 30 members and Training duration was 6 hours per day for three days.

On 23.01.2023, One Day Disaster Management program was conducted for YRC unit of ADM College, Nagapattinam.

On 30.01.2023, First Aid awareness program was conducted for YRC Unit of ADJ Polytechnic College Nagapattinam, Nagapattinam District. Mr. Benjamin, FA/DM Field Co-ordinator of IRCS - TNB was the resource person



First Aid Training to the staff of Poppies Knitwear – Dharapuram in Tirupur was conducted. Accordingly one batch of Company Staffs were trained in First Aid from 31.01.2023 to 02.02.2023. Per batch, 30 members and Training duration was 6 hours per day for three days.

One Day Training Program was conducted to Junior Red Cross Counsellor of Namakkal District on 07.02.2023, organized by IRCS Namakkal District Branch. JRC Counsellor's from Private Schools, CBSC Schools from Thiruchengodu, Namakkal District were participated

Indian Red Cross Society Namakkal District Branch organized Three days SERV Training to Red Cross Volunteers of Namakkal District from 08.02.2023 to 10.02.2023 at Muthayammal Arts and Science College, Rasipuram, Namakkal District.



On 16.02.2023, First Aid awareness Training was conducted to Nehru Yuva Kendra volunteers from Tiruvarur District. 50 volunteers participated for three days programme.

First Aid Training to the staff of Aviagen India Poultry – Udumalaipet in Tirupur was conducted from 21.02.2023 to 23.02.2023 & 27.02.2023 to 01.03.2023. Accordingly two batches of Company Staffs were trained in First Aid. Per batch, 30 members and Training duration was 6 hours per day for three days.

First Aid Training to Drivers and Conductors and other Staff Members was conducted by Indian Red Cross Society, Thanjavur District Branch from 02.03.2023 to 25.03.2023,.

First Aid Training to the staff of Real Knit Fashion – in Tirupur was conducted from 27.03.2023 to 29.03.2023. The Company Staffs were trained in First Aid . Per batch, 15 members and Training duration was 6 hours per day for three days.





The YRC unit of Karbagam Vinayaga College of Nursing in Pudukottai conducted First Aid Training on 21.04.2023. 80 Nursing Students were trained.

The YRC unit of JKKM College of Nursing in Erode conducted the First Aid Training from 25.04.2023 & 26.04.2023. 60 nos of Nursing Students were trained.

Anna Institute of Management organized three days disaster management programme for Govt. Officials at Collectorate, Nagapattinam from 17.07.2023 to 20.07.2023. Mr. Benjamin, FA/DM Field Co-ordinator was the resource person and conducted the session of First Aid, rescue method and waterborne diseases during the disaster situation.

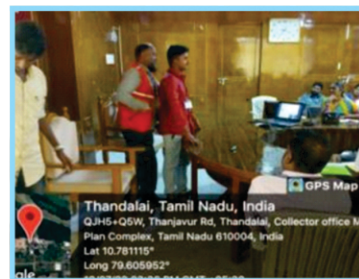
The Youth Red Cross Unit of Bannariamman Technology College, Erode District conducted One day Disaster Management training for YRC volunteers on 18.07.2023.

Anna Institute of Management organized three days Disaster Management Programme for Govt. Officials at Collectorate, Thiruvarur on 19.07.2023 to 21.07.2023. Mr. Benjamin, FA/DM Field Co-ordinator sessions, First Aid, rescue method and waterborne diseases during the disaster situation.

The Youth Red Cross Unit of Bishop Heber college, Trichy District conducted One day Disaster Management training for YRC volunteers on 27.07.2023.

The Youth Red Cross Unit of Sri Ramakrishna Arts and Science College, Coimbatore District conducted one day Disaster Management training for YRC volunteers on 17.08.2023.

Anna Institute of Management organized Three days Disaster Management Programme for Govt. Officials at Collectorate, Tirunelveli on 19.08.2023 to 21.08.2023 & from 21.08.2023 to 23.08.2023 at Tuticorin.



Disaster preparedness Meeting was held on 04.09.2023 at Collectorate Tiruvarur. In this meeting Fire Services, Police Dept and government officials, Tiruvarur District participated.

Anna Institute of Management organized Three days Disaster Management Programme for Govt. Officials at Collectorate, Thanjavur from 11.09.2023 to 13.09.2023. First Aid Awareness Training to Driving Learners at RTO Training Campus, Mayiladuthurai on 27.09.2023.

Anna Institute of Management organized Three days Disaster Management Programme for Govt. Officials at Collectorate, Tiruchirapalli from 13.09.2023 to 15.09.2023

### Blood Donation Camp:-

Blood Donation Camp at Sengamalam Thayar Women's College, Tiruvarur on 07.09.2023 nearly 40 units blood bags were collected.



### World First Aid Day Celebration

On the occasion, Celebration of World First Aid Day held on 09.09.2023 to Navy Wing Cadets of National Aided School, Mannargudi, Tiruvarur District was conducted. 80 Cadets benefited



## REPUBLIC DAY:-

Shri Shankar Naganathan, Vice-President, IRCS – TNB flag hoisted and briefed about the importance of Republic Day on 26.01.2023 at IRCS – TNB premises. Dr. Gomathi, Medical Officer, Day Care Hospital delivered the welcome Address, and Dr. P. Ravindran, Medical Officer, Blood Bank proposed Vote of thanks. Staff and nurse-aide students participated.



## DISTRICT BRANCH OFFICIALS MEETING:-

The Ad-hoc Committee conducted the District Branch officials meeting on 15.07.2023 at IRCS – TNB premises towards the strengthening of District Branches.



## Disaster Management (Relief Distribution)

During the Month of March 2023, based on the request received from Nine IRCS-District Branches and One IRCS - Sub District Branch, we have dispatched 300 Nos. Hygiene Kits to each districts and 204 Hygiene Kits were distributed to Arasu sevaillam (Home) Tambaram under the Chairmanship of Dr. Justice M. Jaichandren, Ad-hoc Committee, IRCS - TNB.



## STATE EMERGENCY CALL CENTRE:-

Thiru. Udhayanithi Stalin, Minister visited in Emergency call centre in Exhilagam. Mr. S. Shanmugavel & Mr. R. Velmurugan (III B.Sc C. S.) YRC volunteers of Asan Memorial College of Arts and Science, Chennai, affiliated University of Madras have been serving Michaung cyclone relief services for State Emergency Operation Centre, Chepauk, Chennai for 01.012.2023 onwards.





Dr. Justice M. Jaichandren, Chairman, Ad-hoc Committee, IRCS - TNB appreciated all Staff for Relief Work. Thiru. Muniraj, Treasurer, Chennai District Branch received the Relief Materials.



Relief Materials sent to District Collector, Chennai Egmore Thasildar, Tondiarpet Thasildar, Chengalpattu District Branch, Thiruvallur District Branch and Seva Bharathi due to heavy rain (migcham puyal on 01.12.2023)

Indian Red Cross Society, Tamil Nadu Branch Staffs helped the affected people in Velachery.



Relief distribution held on 01.12.23, at Irullar families, madayambakkam, chengalpattu district. Mr. K. Vedavyas, Finance Administrative Officer presided over the relief distribution in the presence of Dr. G. Baskaran, yrc zonal co-ordinator, Dr. P. Rameshkumar, yrc District Organizer, Chengalpattu District and Mr. Karnan, Manager (Relief), Mr. Santhakumar, Mr. Kuganandhan, Mr. Balu, Mr. Pugazhendhi, IRCS - TNB Staff and Volunteers from Asan Memorial College of Arts and Science, Jaladianpet, Chengalpet. 40 nos of irullar families benefited.



## STAFF TRAINING PROGRAMME:-

The staff training session was held on 27th October 2023 at 10:00 am in the meeting hall, focusing on orienting ourselves with our principles, values, and volunteerism in serving humanity as a team. The session was conducted by Dr. Sam Jebin Manohar, a resource person, a renowned facilitator, and mentor from Talalign, Bangalore. Dr. Sam has worked in organizations of repute such as Aptean, SLK Software, Brigade Group, HMT, and finally as a CEO in an NGO working for the upliftment of downtrodden people across Tamil Nadu. His unique ability to grasp people issues in diversified cultures across geographies and design solutions for managing complex people issues were well acclaimed. The staff members attended and benefited from this program.

## YRC OFFICIALS MEETING:-

The Ad-hoc Committee convened the YRC Officials Meeting on 26.08.2023 at the conference Hall, IRCS - TNB premises towards the strengthening of YRC unit and implementing YRC activities at the College level. 34 YRC Officials (YRC Zonal Co-ordinators, Regional Co-ordinators, and District Organizers) participated.

## JRC CONVENORS MEETING:-

The Ad-hoc Committee convened the JRC Conveners Meeting on 26.08.2023 at the Conference Hall, IRCS – TNB Premises towards the strengthening of the JRC unit and implementing JRC activities at the School level. 41 JRC Conveners participated.

## GENEVA CONVENTIONS DAY:-

The Oratorical (Tamil & English), Essay writing (Tamil & English), Visualizing & painting, Quiz, and Cultural Competitions were conducted for the celebration of Geneva Conventions Day from 30.08.2023 to 02.09.2023 at IRCS – TNB premises of 32/50, Red Cross Road, Egmore, Chennai - 8. Students from Arts & Science, Engineering, Polytechnic, Medical, B.Ed, and Law Colleges of Chennai, Chengalpattu, Kancheepuram, and Thiruvallur District participated.



## PHYSIOTHERAPY:

In our physiotherapy and rehabilitation center, we offer a wide range of effective treatments for various kinds of patients from pediatric to geriatric using advanced treatment modalities and techniques with the help of the best-qualified professionals and doctors. Treatment for various conditions including,

Orthopedic problems like neck pain, back pain, deformity and contracture corrections, postoperative and post-traumatic rehab, sports injuries, rehabilitation for amputees, Gait training using ICRC protocol, all types of joint pain and sprains, general fitness for ladies diagnosed with PCOD and Thyroid, geriatric rehabilitation, mobilization exercises, and all congenital deformities.

Neurological conditions like hemiplegia, muscular dystrophy, Parkinson's disease, Bell's and facial palsy, Erb's palsy, developmental milestone delay for kids, cerebral atrophy, Wilson's disease, cerebral palsy.





From January to September, a total of 8,586 patients have been treated effectively. During this period, around 150 students from various physiotherapy colleges underwent clinical internships and training programs in our physiotherapy and rehabilitation center. 4 rural health camps have been attended by physiotherapists and Internship students of Physiotherapy.



## Urban Family Welfare Centre

The Urban Family Welfare Centre has rendered yeomen service to the people of Chindadripet. The total population of the Urban Family Welfare Centre is given treatment to 50,306 patients and the total eligible couples 8,186.

### General :

Patients treated	: 39,638
Eligible couples motivated through regular field visits	: 6,183
Eligible couples motivated by meetings and group discussions	: 642

### Other activities:

287 cases of 1,436 installments are benefited for Dr. Muthulakshmi Reddy Maternity benefit Scheme of Govt. of Tamil Nadu cases, with two sets of Maternal Nutrition kits for mothers.

6 Antenatal mothers with only two female children and no male child were motivated for sterilization operation and registered for the Govt. Benefit Scheme. 16,309 packs of sanitary napkin are distributed to school-going children, Adolescent girls, and eligible mothers.

- General health checkups were conducted for 921 children.
- The Adolescent Girls program is conducted once every month.
- Mobile Medical Unit medical checkup camps are conducted in slum areas.
- A Vit-A camp is conducted once every 6 months.
- National De-worming Day is conducted once every 6 months.
- An intensive Mission of Indra Danush program for drop-out immunization children is conducted for one week from August to October 23.



## ●●● Nurse-Aide Program: ●●●

Since 1994, the Vocational Advanced Diploma in General Duty Assistant (VADGD) Course has been recruiting and training rural girls, imparting skills in nursing care for 2 years. A total of 40 students are currently enrolled in the course.

The students participated in various events, including Blood Donation Camps and Medical Camps.

On 08.01.2023, VADGD students attended the Free Medical Camp at M/s Makkal Clinic at Peravallur, Chennai, conducted by Day Care Hospital, IRCS - TNB.

On 12.01.2023, VADGD students and Mrs. J. NESA PUSHPAM (Nursing Tutor) participated in the First Aid (Temporary Dispensary) exhibition at Nehru Indoor Stadium. Around 1500 students and teachers from 6th to 12th grades participated from various districts, with around 5000 visitors in total.

Sl. No	Date	Venue	Programme	Participants
1.	08.03.2023	DCH, IRCS - TNB	Medical Camp on the occasion of Women's Day celebration	VADGD Students
2.	12.03.2023	Seva Bharathi in Erukkancheri	Free Medical and Eye Screening Camp	VADGD Students
3.	26.03.2023	Parish – St John de Britto Church at Villivakkam	Free Medical Camp	VADGD Students

The VADGD students were deputed for Intensive Practical Training in various hospitals like Andhra Mahila Sabha, Adyar, Sanjivini Nursing Home, Old Washermenpet, Ganga Nursing Home, Old Washermenpet.



### Placement of second-year students:

- Anandhi – Sudar multispeciality Hospital (Adambakkam)
- Ramya - Sudar multispeciality Hospital (Adambakkam)
- Magesgwari - IOG Maternity (Egmore)
- Deepthi vaishnavi - IOG Maternity (Egmore)
- Selvi specialty - IOG Maternity (Egmore)
- Dhanalakshmi - IOG Maternity (Egmore)
- Aswini – Nandhini – pearl Hospital (Velachery)
- Dharshini - Srinethi clinic (Villivakkam)
- Tamilarasi – SP care 24 HRS (Pallavaram)
- Varanasi - ATHULYA senior care
- Mohican - ATHULYA senior care
- Pavithra - IOG (Egmore)
- Sunitha - IOG (Egmore)
- Tamilselvi - Uma Selvam clinic (Chintadripet)





### Peer Educator Training:

Michelin India Pvt. Ltd. supports the Indian Red Cross Society Tamil Nadu Branch for the implementation of the "School Health and Hygiene Promotion Program" in 27 schools, including 19 Government Primary Schools, 4 Middle schools, and 4 High schools in and around Michelin India Pvt. Ltd. in Thiruvallur District. Peer Educators Training Programs were organized in these schools.

### The following programs were conducted:

- To provide information to the school students through joyful learning methodology.
- To create motivation among the school students.
- To build self-confidence among the students.
- To build skill knowledge in various categories.
- To make them resource persons.
- The Project on School Health and Hygiene Promotion involves health benefits and safety precautions on water and sanitation. School Health Education aims to promote personal hygiene, safety, environmental awareness, and cleanliness. A total of 240 students were trained.



Mr. Rajesh G, DM Supervisor, IRCS-TNB, interacted with students about the Peer Education/Role of Peer Educator Training Program and First Aid demo in the presence of Mrs. K Chitra, Field Coordinator School Health and Hygiene Promotion Project. Mr. Palanivel conducted sessions on Health and Hygiene promotion, Life skill Promotion (Activities), Group Activities, Self-confidence & Leadership qualities.



The students were divided into four groups and given the following four topics for Group Discussion and Presentation:

- Environmental protection. ➤ School cleaning and safety.
- Health and hygiene. ➤ Peer Educator responsibilities and activities.

Mr. Lawrence, the resource person, conducted sessions on First Aid Training and Disaster Management activities with demonstrations.



### Outcome after Peer Educator Training:

- No stage fear for the students who attended Peer Educators Training.
- Confidence among them to share information with fellow students/others.
- Students interested in involving themselves in First Aid and Disaster Reconstruction.
- Students working together and checking each other's work with comments to the peer partners.
- Students having confidence in expressing their opinions, suggestions, or ideas to each other.



### Peer Educator Club :

Peer educator Training was conducted by Mr. K Palanivel, Mr. K Lawrence, and Mr. Rajesh G. Subsequently, elections were conducted for peer educators, and selected students started the peer club.



Later, the students organized a peer club meeting in which the subject, i.e., school hygiene, school development, student discipline, etc., were highlighted. They also took necessary steps to solve the above issues and wrote the "Minutes of Peer Educator Club." Mrs. K Chitra, Field Coordinator, also participated in the above meetings with the students.



### **Psychological Support Program:**

The Indian Red Cross Society-Tamil Nadu Branch organized a Psychological Support Program at 8 Middle and Higher Secondary Schools in Ellapuram and Gummidipondi Blocks in Thiruvallur District, supported by Michelin India Pvt. Ltd.

### **School Psychological Study covered the following topics:**

Psychological development of children, including physical, mental, psychological, social, moral, spiritual stages, and the characteristics of each stage, growing constraints.

- Study of behavioral attitude among students.
- Study on controlling emotional problems.
- Study on tackling academic problems.
- Assessment and monitoring processes.

Mr. S. Arputhanesan interacted with students, performed balloon games, and gave orientation on the following topics:

Students' mental psychological, social moral, and spiritual stages.

### **The inertia of growth. / Behavioral problems.**

Mr. Kathiravan conducted an interaction session with students about their aspirations and ambitions in their life.



### **The following 10 topics were covered by involving students:**

Empathy, Problem-solving, Interpersonal relationship, Creative Thinking, Critical Thinking, Management of Emotions, Management of stress, Effective Communication, Self-Awareness & Decision Making.



Mr. K. Palanivel conducted sessions on studying emotional problems with children and educational or academic problems. The students were divided into four groups and given the following four topics for Group Discussion and Presentation. At the end of the session, chocolates were provided to all students:

- In Psychologist point of view (Findings).
- Exam fear, kleptomania (stealing small things), ego issues, love affairs, peer pressure in creating problems.
- Gender issues (boys – girls - egos), interpersonal relationship issues, academic issues.
- Academic fear, behavioral issues (love, respectful attitude with teachers), attention-seeking behaviors, intimacy.
- Lack of confidence.

### **Suggestions:**

- Continuous psychological support and counseling, motivation, behavior attitude training.
- Goal-oriented motivation, behavior attitude, counseling, and follow-up.
- Psychological counseling and support, motivational trainings.
- Goal-oriented motivation training, psychological support for academic success.





### **Cleaning Materials Distribution:**

The Indian Red Cross Society-Tamil Nadu Branch has been implementing the Health & Hygiene Promotion program in 27 Schools at Ellapuram and Gummidipoodi blocks. There are two high schools, two H. Sec. schools, four middle schools, and 19 elementary schools involving in the above said two blocks. Totally, 2677 boys and girls are studying in the above schools.

Indian Red Cross Society Tamil Nadu Branch distributed toilet cleaning materials in the presence of Janani Arunagiriraj Michelin India Pvt Ltd and CSR Team, such as hand wash, Harpic, Phenol, Toilet Bucket with Mug and Brush, to all 27 Schools on 20 & 21 March 2023.

The concerned school headmasters expressed their happiness for the supply of cleaning materials, for which they expressed their gratitude to Indian Red Cross Society-Tamil Nadu Branch supported by Michelin India Pvt. Ltd.



### **Review Meeting:**

The Indian Red Cross Society Tamil Nadu Branch conducted a Review Meeting for 23 school headmasters and teachers in respect of the School Health & Hygiene promotion Program on 28.03.2023 at IRCS - TNB, Egmore. Mr. Rajesh G, DM Supervisor, gave a welcome address. The presidential address was delivered by Mr. Shankar Naganathan, Vice President IRCS - TNB. Mr. Athmanathan, Ad-hoc Committee member, and Mr. Thomas V John, Ad-hoc Committee member, also delivered the implementation of the Project on School Health & Hygiene Promotion Programme. Mr. Rajesh G, DM Supervisor IRCS - TNB, briefed about the history of Red Cross and the current status of the School Health & Hygiene promotion Program. Mr. Rajesh also expressed the plan of action proposal and sought suggestions from headmasters and teachers.

### **Points of view discussed and suggestions of the teachers about this project:**

- Impact of First Aid at the student level.
- Checking water quality on a quarterly basis and maintenance of drinking water.
- The school has requested one computer system.
- Toilet upgradation.
- Shed for the bathroom.
- Separate sanitation workshop for headmaster and teachers.
- Hand wash and sanitary should follow at all levels.
- Psychological Support Program.
- Cleaning materials for the bathroom.
- Desks and benches for school students.
- Toilet facilities for teachers.



The following points were discussed with teachers by Mr. Thomas V John, Ad-hoc Committee Member IRCS - TNB:

Hygiene-related programs. Sanitary Napkin Machine.

Facilities for school (toilets renovation or upgradation).

Drinking water and school needs (computer, table, chairs).

IRCS - TNB decided to provide the basic needs of the schools, and necessary proposals would be sent to Michelin India Pvt. Ltd.

On the eve of the valedictory function, Mr. Shankar Naganathan, Hon. Vice-President IRCS - TNB, Mr. P Athmanathan, Ad-hoc Committee Member, and Mr. Thomas V John, Ad-hoc Committee Member, were the chief guests. Award of Appreciation Mementos were given to the participants.



### **Sapling Plantation:**

On 30.03.2023 and 31.03.2023, the Indian Red Cross Society, Tamil Nadu Branch organized a Sapling Plantation Programme supported by Michelin India Pvt. Ltd, Tiruvallur District. The Tree Plantation Program was implemented in 5 Schools and provided tree guards for three Schools in Ellapuram & Gummidipoondi Blocks in Thiruvallur Districts:

Adi Dravida Welfare Govt. High School, Thervoy.  
Panchayat Union. Middle School-Soolaimeni.  
Govt. Hr. Sec. School- A K Kandigai.  
Panchayat Union. Middle School-G R Kandigai.  
Panchayat Union. Middle School-Annaram.



Based on the idea that came from Peer Educator Club students pertaining to "Environment Safety" and accepted by all leaders, Sapling Plantation was implemented, duly mentioned in the Minutes of the Peer Educator Club.





**On 30.03.2023, on the eve of Sapling Plantation:**

1. Mr. E Kathiravan, Head Master, Panchayat Union Primary School (PUPS), Uthukottai, and State Treasurer, Thodakka Palli Kootani Tiruvallur District, participated.
2. Mr. P Selvam, Teacher, Panchayat Union Primary School (PUMS), Perambur, and Block President, Thodakka Palli Kootani.
3. Mr. C Palani, Headmaster, PUPS Sengarai.
4. Mr. Billa, Teacher, PUMS Senankarani.
5. Mr. Karunakaran, Teacher, PUPS Thombarampedu.
6. Mr. Senthil Kumar, PUPS Periavannankuppam.
7. Mrs. V Amudha, PUMS Soolaimeni, and school teachers attended.



On 31.03.2023, on the eve of Sapling Plantation, Ms. Janani, CSR officer, and CSR Team Michelin attended the program as the chief guest.

Mr. T.V. Asogan, Headmaster, and M. Palayam, Teacher from Govt. Hr. Sec School A.N. Kandigai, felicitated Ms. Janani, CSR officer, and CSR Team Michelin, who participated in the program.

**HUMANITY**

**IMPARTIALITY**

**NEUTRALITY**

**INDEPENDENCE**

**UNITY**

**VOLUNTARY SERVICE**

**UNIVERSALITY**

